

# Geo Shapes™ Guide

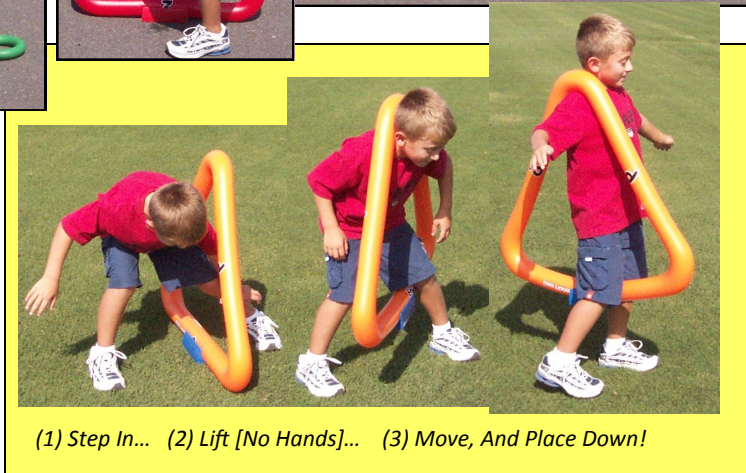
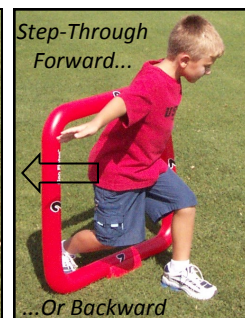
This Guide covers both foam and **inflatable Geo Shapes (Discontinued)**. Each set contains a square, rectangle, triangle, circle, diamond and oval. The interiors are large enough allowing those of all heights in graded K-6 to move through their interiors. **Safety:** Geo Shapes are designed to be soft and forgiving when bumped, fallen upon, or stuck. When jumping into or out of when in the horizontal position, make sure that users do so in a controlled manner and have sufficient ability to judge their take-off and landing points to successfully avoid contacting the Shapes. Before jumping or stepping through Shapes, students should be properly instructed by a qualified adult about moving on balance, and proper "fall-and-roll" techniques. When appropriate, use tumbling mats underneath the shapes, or other soft surfaces. Always use with qualified adult supervision present.



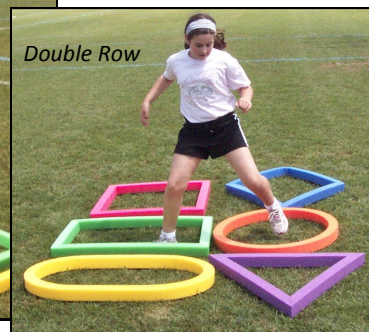
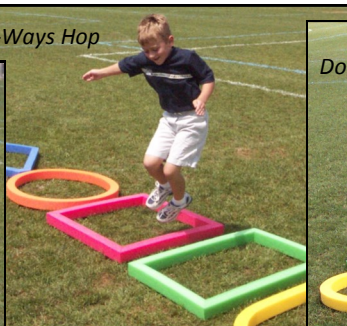
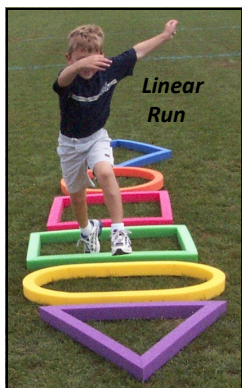
## Vertically-Set Geo Challenges...



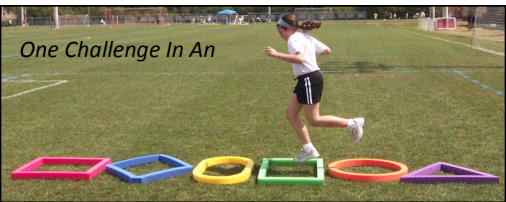
## Spatial Awareness...Don't Touch The Sides!



## Horizontally-Set Geo Challenge-







One Challenge In An



"Bear Crawl"...



...and "Crab Walk" Over Shapes



Team Jumping



Head Balance Walk-Through



Hopscotch Layout



Mixed Horizontal & Vertical Obstacles



Exercise "Stations"



"Stack" Step-In



Chipping Golf "Hole"



Relay Zones



6-Target



Wand Shoulder Balance



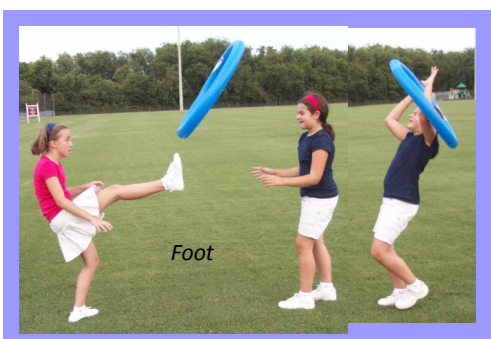
Teammate Wand Run



Beanbag On Paddle Target Toss



Over-The-Head Balance & Exchange



Foot



Tummy "Pinch & Walk"



Hip-To-Hip

**Spatial Awareness & Control...**



Hands-Free



Hands-Free Movement



Foot Lift & Balance



Forehead



Back-To-Back